

Janie Zeitlin, RDN, CDN

Work Experience

Westchester Institute of Human Development (Consultant) - Out-patient

Valhalla, NY
May 2015-Present

Population: Individuals with Intellectual and Developmental Disabilities

Responsibilities: Individual Consultation, Medical Nutrition Therapy (MNT):

- Nutrition evaluation and education for prevention, management & treatment of chronic disease throughout the lifecycle
- Analyze laboratory markers, medicinal administration, fluid/electrolyte balance, skin integrity and drug nutrient interactions
- Determine calorie, protein and fluid needs, energy expenditure, po and nutrition support dietary prescriptions,
- Assess adequacy of consumption, Implement and evaluate nutritional goals

Dickstein Cancer Treatment Center (Per Diem) - Out-Patient

White Plains, NY
May 2015-Present

Population: Oncology

Responsibilities: Individual Consultation, MNT throughout cancer care

- Nutritional management of chemotherapy and radiation induced sequelae
- Development of Nutrition Screening and Assessment protocols
- Utilization of the Nutrition Care Process in the Electronic Medical Record

Mount Sinai (Consultant) - Out-Patient Services

New York, NY
June 2010-Present

Women's Heart New York

Population: Patients with advanced CardioPulmonary Disease

Responsibilities: MNT, Individual Consultation, Group Workshops

Carnegie East House (Consultant) - Enriched Living Facility for Seniors

New York, NY
February 2010-Present

Population: Elderly

Responsibilities: MNT, Individual Consultation, Group Workshops, Menu Development

Columbia Doctors Medical Group (Consultant) - Private Practice

White Plains, NY
December 2009-Present

Population: Patients of multi-specialty Medical Group

Responsibilities: MNT, Weight Management, Individual Consultation

145 East 15th Street (Consultant) - Private Practice

New York, NY
January 2008-Present

Population: Adults and Children

Responsibilities: MNT, Weight Management Individual Consultation, Group Workshops, Menu Development, Corporate Wellness

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Work Experience

White Plains Medical Associates (Consultant) - Private Practice

Population: Adults

Responsibilities: MNT, Weight Management, Individual Consultation

White Plains, NY
January 2008-2010

Maple Medical LLP (Consultant) - Multi-specialty Medical Group

Population: Patients of multi-specialty Medical Group

Responsibilities: MNT, Weight Management, Individual Consultation

White Plains, NY
September 2007-2010

NY Harbor Healthcare System: VA of NY & NJ (Per Diem) - Acute Care

Population: In-Patient (Veterans)

Responsibilities: Clinical Nutrition Evaluation: MNT in the hospital setting

New York, NY
August 2006–Oct 2009

St. Vincent's Catholic Medical Center (Full Time) - Acute Care

Population: In-Patient (Behavioral Health, CCU, Geriatric, GI, Med/Surg, Neurology, Oncology, Pediatric, Rehabilitation, & Telemetry units)

Responsibilities: Clinical Nutrition Evaluation

New York, NY
June 2005-Closure 2010

Village Care of NY: Nursing Home (Per Diem) - Long Term Care

Population: In-Patient (Geriatrics, Oncology, Pain Management & Rehabilitation)

Responsibilities: Completion of CCP/ICP & MDS forms, Clinical Nutrition Evaluation

New York, NY
May 2006- Sept 2008

Rivington House (Per Diem) - Long Term Care

Population: Residents (HIV/AIDS, Oncology)

Responsibilities: Completion of CCP/ICP and MDS forms, Clinical Nutrition Evaluation

New York, NY
August 2006–January 2007
October 2005-March 2006

St. John's Queens Hospital (Per Diem) - Acute Care

Population: In-Patient (ICU, CCU, Oncology and Rehabilitation Units)

Responsibilities: Clinical Nutrition Evaluation

Queens, NY
March-May 2006

St. Mary's Hospital (Full Time) - Acute Care

Population: In-Patient (ICU, CCU, Oncology, Medical/Surgical and Pediatric Units)

Responsibilities: Clinical Nutrition Evaluation, Performance Appraisal

- Productivity reports, tray accuracy & adequacy of critical control points on trayline
- Policy/procedure modification for compliance with JCAHO

Brooklyn, NY
January–August 2005

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Education

Certificate of Training in Adult Weight Management

Awarded by (CDR) Academy of Nutrition & Dietetics

Hartdale, CT
New Brunswick, NJ
April 2014 / April 2016

New York Presbyterian Hospital

Dietetic Internship: Certificate of Completion

Population: In-patient: Adult & Pediatric (Behavioral Health, Burn, CCU, Eating Disorder, ICU, Med/Surg, Neurology, Neonatal, Oncology, SICU, Transplant units)

Responsibilities: Clinical Nutritional Evaluation

- Recipe & Diet Modification in acute care, long term care & retail settings
- Food Production & Management: purchasing, storage, preparation, nutrient analysis & meal presentation
- Elective Rotations of Dietetic Internship include South Beach Cardiology & Altheus

New York, NY
January 2004-January 2005

South Beach Cardiology; Arthur Agatston, MD, PA

Population: Adults, Private Practice

Responsibilities: Weight management counseling based on The South Beach Diet (SBD)

- Individual & online counseling
- Collaborated with Kraft Foods in creating SBD approved products & recipes
- Assisted in clinical research expected for journal publication: weight management & lipid profiling on portion controlled dieting vs. high protein, low carbohydrate lifestyle modification
- Participated in schools initiative program in Kissimmee, Fl. to meet government standards

Miami, FL
Fall 2004

Altheus: The Advanced Health & Performance Center

Population: Tri-athletes, Professional Athletes: NY Yankees/NY Knicks, Private Practice

Responsibilities: Sports Nutrition counseling for enhanced athletic performance

- Individual consultation, meal planning using food labeling & diet analysis software

Rye, NY
Fall 2004

New York University; Steinhardt School of Education

Completion of Didactic Program in Dietetics - 3.80 overall GPA

- Menu modification & meal planning for management of weight & chronic disease
- Food science: cooking methods & skills in food preparation, food safety & sanitation
- Organization & management of commercial & institutional food service facilities: hotel, restaurant, education & community
- Computer advancement in food service: marketing & nutrient analysis
- Recipe analysis & development, strategic marketing & sales in the food industry
- Nutritional assessment throughout the lifecycle

New York, NY
May 2002-December 2003

Binghamton University

Bachelor of Arts in Psychology, Minor in Biology. Cum laude

- Study abroad: Nutrition & Culinary Studies of the Mediterranean
- Study abroad: SUNY New Paltz Dance & Health Education

Binghamton, NY
1998-2000

Florence/ Urbino, Italy
2000-2001

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Volunteer Experience

The Scarsdale School

Group workshop: Feeding our children and teachers - The importance of nourishment during the school day

The Ambassador of Scarsdale

Group workshop: Balanced eating for management of chronic disease

National Women's Heart Day

Individual consultation for women at high nutritional risk for CVD and Diabetes

Yeshiva University Health Fair

Individual consultation: cholesterol testing, recipe modification, nutritional labeling for males aged 18-22 years

Hospital For Joint Disease

In-patient nutritional assessment, diagnosis, monitoring and evaluation

Bank Street School for Children Summer Camp

Group workshops for children: Exploring well balanced eating & movement (dance)

Kaskeset

A Cappella group member & choreographer performing throughout greater NY area

Children's Dance Theatre

Dancer and Choreographer. Promoting health and wellness in the schools via dance workshops and performances

Professional Affiliations

Academy of Nutrition and Dietetics, American Society for Parenteral and Enteral Nutrition Support (ASPEN)

Computer Skills

- Aria, CareMD, Carex, CBORD, Computrition, CPRS, Eclipsis, Epic, ESHA Nutrition and Labeling Software, Invision, Meal Tracker, MedSym, Meditech, Microsoft Word/Excel/Power Point, Sigmacare, Softlab, VistaTouch Type 70 WPM

Publications:

"Passover Pounds Be Gone!" NY Blueprint. April 2015.

<http://www.nyblueprint.com/kosher-kounter-shabbat-holidays/passover-pounds-be-gone>

"10 ways a Food Processor Can Help You Lose Weight" Women's Health. April 2016.

<http://www.womenshealthmag.com/weight-loss/food-processor-recipes>